



**When:** Thursday 13<sup>th</sup> March @ 9.30am-12pm

**Where:** Long Jetty over 50s Club, 6 Thompson Street, Long Jetty

**Cost:** Free (open to non-members)

As part of the ALICE initiative, come to this FREE health session, enjoy morning tea, and provide your input into the plans for a health and wellbeing hub in your neighbourhood.

**9.30am: Community Transport: A connection to services and support**

- Helen Crouch, General Manager

**10.00 am: CC Allied Health - Supporting People with Chronic Pain**

- Susie Smith, CC Health Alliance

10.30am: Morning Tea

11.00am: Have your say: building engagement, awareness, and support for ALICE



**Please reserve your space**

To help us plan for catering, we kindly ask you to register your attendance via the Long Jetty Over 50s Club by calling 02 4332 5522.

For further information, please contact the ALICE Community Engagement Officer Fiona Morrison, at [fiona.morrison1@health.nsw.gov.au](mailto:fiona.morrison1@health.nsw.gov.au) or call 0477 752 365.