

"Little" SENIOR MOMENTS to keep you posted.

Be Safe... Stay Home & Phone A Friend

EDITION 14 26.10.20



Betty's Blog

Well, after our trial 3 weeks, we are up and running a reduced number of activities based on the restrictions set by our ever-present nemesis, COVID-19. Unfortunately, it is just

impossible to resume some activities, but there's nothing more exciting than to take up another activity that you've never tried before.....go on, be adventurous and join us!

So as to make it a level playing field for all members, we've settled on a booking system for each activity. Ring the club on 4332.5522 and book in to attend. AS from today (26.20.20), only phone bookings will be accepted for any session you wish to attend. The duty Officer and myself used the morning to set up the booking system, and from the number of phone calls that were received, it appears to work well, so try it out yourself!

Denis is working on a system for morning/afternoon teas, and I'm sure he'll come up with a solution. The other bit of news is that numbers who can attend has in some cases increased to 20 per session, including the tutors, so once again we have a "new normal".

Hope to see you soon, Bettybee



**New Activity
Starting in
November!**

SMARTPHONES & TABLETS

Wednesday, 4th November, will be the starting date for a 4-session class on iPhones and/or iPads

- ◆ Subsequent sessions will be on 11th 18th & 25th November.
- ◆ Attendance is necessary at all 4 sessions, as content will be linked from week-to-week.
- ◆ This will be a "small group" class, held in Lounge room as there are only vacancies for 9 people. **BOOKINGS WILL BE ACCEPTED UP TO MIDDAY ON WEDNESDAY 4.11.20 BECAUSE OF SHORT NOTICE.**
- ◆ Cost will be \$4.00 and includes afternoon tea.

WEDNESDAY YOGA—UPDATE

Linda Jenkins (tutor) is trying to reach Yoga attendees from 2019 who have not returned in 2020, because we haven't got your phone number (or in some cases your full name).

Now that the class numbers have increased to 20 per session, there are vacancies available for interested members.

If you are interested, please ring the club and leave your name & phone number and Linda will contact you with details about classes.

"When we were young, you made me blush, go hot and cold, and turn to mush.

I still feel all these things. It's true—but is it menopause, or you?" (Susan Anderson)
(From "Wrinkles Wit & Wisdom")

